



# GLR 2017 TEAM ROSTER & WAIVER FORM

<b>TEAM NAME</b>	<b>TEAM CAPTAIN</b>
<b>CAPTAIN EMAIL</b>	<b>CAPTAIN PHONE</b>

This form needs to be received by June 1, 2017. If this form is not submitted by the captains' meeting, the team will not receive the race packet. Last minute changes, as always, will be accepted.

Please email your completed roster to Jackie Phillips by completing the spreadsheet, saving it with your team name and emailing it to Jackie at [jphillips8690@att.net](mailto:jphillips8690@att.net). You can print your completed form for the runners to sign. Signed forms may be mailed to her at: Great Lakes Relay, C/O Jackie Phillips, 23212 Edsel Ford Ct., St. Clair Shores, MI 48080

	NAME	AGE	SEX	ADDRESS	CITY, STATE, ZIP	EMAIL ADDRESS	Signature of Participant (parent, or gurdian if under 18)
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## WAIVER/RELEASE (Must be signed by entrant, parent or guardian)

I have full knowledge of and assume the risks (heat exhaustion, heat stroke, personal injury, etc.) involved in training for and participating in the Great Lakes Relay (the "Relay") and represent that I am physically fit and sufficiently trained to participate therein. Because you are relying on these representations and in consideration of your accepting my entry in the Relay, I, for myself, my executors, administrators and assignees, do hereby release and discharge the Lakeshore Striders Inc., Toyota Motor Sales, Brooks., Total Runner, Michigan Special Olympics, and any and all sponsors of the Relay, and the respective officers, directors, agents, and employees of all the foregoing, jointly and separately, from and against any and all actions, claims, demands or damages which in anyway arise out of or result from my training for or participation in the Relay or Relay related events. I further agree you may subsequently use for publicity and/or promotional purposes, without any obligation or liability to me, my name and any picture of me participating in the Relay. Please be assured that I have carefully read and do understand the foregoing Waiver and that I am signing it of my own free will.